

DEAR READERS,

"You have to learn to say no!" This oft-cited advice may become a life-saving mantra in certain situations. With our booklet, we aim to raise awareness for the issue of sexual violence. Here, we're not only talking about criminal offences, but also about everyday situations many of us may unfortunately be familiar with, regardless of our age, gender or social status.

Sexual violence might start with certain looks that progress to unwelcome comments and, in the worst-case, end with violent assault and abuse. Small nuances can make a big difference, and sometimes the perpetrators are unaware of the effect their actions are having. When you're faced with what can sometimes be a legal and moral grey area, it helps to articulate your own boundaries clearly and to make sure the issue is not brushed under the carpet!

Do you get the feeling a situation is somehow not right? Does it feel wrong to you in a way...? In that case, it's worth acknowledging your own inner signals and expressing them clearly! If, on top of all this, you don't have a safe place to live and often sleep rough, then moments such as this may be more frequent. People who have something you desperately need, such as a place to sleep, are in a powerful position to exploit you. So how can you distinguish these situations from genuine offers of help?

Listen to your gut, set out your boundaries early on and state them confidently! Get someone else involved so you are not alone, or simply walk away; get out of the situation.

Skilful manipulation that can also lead to abuse can come from anyone, even people who are supposed to be helping you like social workers, teachers, etc.

Yet, there can also be perpetrators even among your own circles, who either knowingly, or unwittingly overstep other people's personal boundaries. This affects not only women, but also men and non-binary people. Sexual violence is a problem that affects the whole of society, spanning all age groups and social strata, and homeless people are sadly not immune.

We believe it is important to bring stories and ideas to life. These stories include potential courses of action that may help you to get yourself out of uncomfortable situations. In addition, towards the back of this booklet (from page 14), you will find information on places that can help those affected and their families, as well as people who may themselves tend to be violent and overstep boundaries. In order to illustrate and address the various forms of sexual violence, a potential first step is to work on what this issue demands above all: self-confidence. Say: Stop, that's as far as it goes!

TRIGGER WARNIN

In the following, we outline four stories of sexual violence involving young people on the streets. If the issue makes you uncomfortable, you can turn directly to page 14. There you will find information on places where you can get help and advice.

THE PROTAGONISTS

Pau



Lives with their single mother, who is unfortunately not at home very often.

Non-binary

Mert



Feels neglected at home and has spent the last five months sleeping at various friends' places.

Josi



Woman

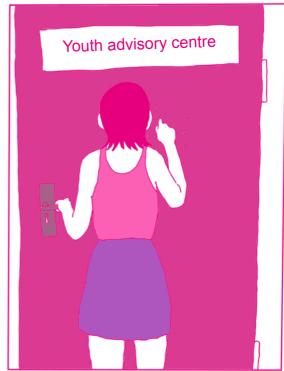
Was placed in supervised youth housing by her mother. Doesn't get on very well with her housing supervisor.

The comic follows these three individuals as they navigate day-to-day life in the big city. All three are friends and give each other emotional support in difficult times. They bond over not having the best relationships with their families and thus sometimes ending up in tricky situations. Fortunately, they have learned to recognise risks and to communicate when a situation does not feel right to them.











I can't handle her anymore, Mr Riehl. It's gotten really bad...



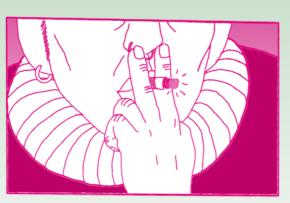


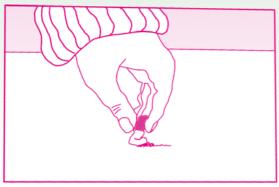
...That's quite a skimpy outfit you have on, Josephine. Do you feel comfortable like that? Caution Situation abort mission or clarify



















Caucinon Situation Situation abort mission or Clarify ger



Are you serious about the free weed? Or are you using that as a way to put me under pressure? And what has my gender got to do with it?

SORRY! I didn't mean to offend you. I was just being friendly with the weed. I'm not trying to harass you.



Thanks. Next time, it's better if you just say exactly what you mean, OK?

Sorry, man. Here, have a joint for you and your friends. Have a good day.







I've got a sleeping bag, if you want you can get in with me.

10



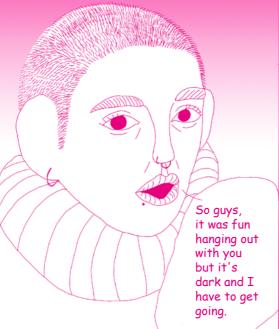
Caution Situation abort mission of Clarify

Your offer may be genuine, but I don't feel comfortable with it.

Oh, sorry. I've got a second sleeping bag if you would prefer.







You're right! It's really late, my supervisor will be wondering where I am. I should get going too.



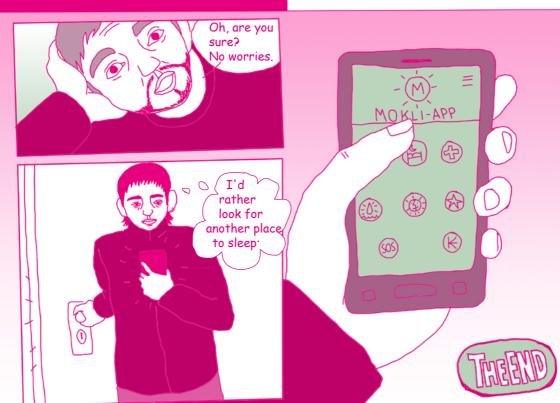


Caucion Situation abort mission or clarify



Hey, Holger, thanks for the offer but I'll have to say no. I don't know you well enough so I wouldn't feel comfortable staying here.

I'll get going now. Thanks anyway, man.





Mokli app

www.mokli-help.de

The help-finder app for young people in need, with 24/7 SOS chat.

Karuna Youth Force

0163 777 57 89 **Mon-Fri** 10.00 a.m. - 4.00 p.m.

Helpline for young people in need under 27 years of age, providing advice on accommodation and other basic needs.

Tauwetter

Gneisenauerstr. 2A, 10961 Kreuzberg 030 6938007

Mon 2.00 - 4.00 p.m.

Tues 4.00 - 6.00 p.m. 6.00 - 7.00 p.m. (drop-in session)

Wed 10.00 a.m. - 1.00 p.m.

Thurs 5.00 - 7.00 p.m.

Help point for men who experienced sexual abuse during childhood. Provides support for those affected over the phone and at the premises in Kreuzberg.

Wildwasser Mädchennotdienst

Bornemannstr. 12, 13357 Gesundbrunnen 030 21003990 maedchennotdienst@wildwasser-berlin.de

"I am strong" project Girls aged 12 to 18 (exceptions for those up to 21): accommodation, support and advice day and night On-site accommodation and clearing centre

Strohhalm

Luchanerstr 2, 10969 Kreuzberg Tel. for an appointment 030 6141829

 Tues-Thurs
 10.00 a.m. - 2.00 p.m.

 Fri
 10.00 a.m. - .12.00 p.m.

 Advice for boys and girls up to the age of 13

Frauenhaus Bora

Albertinenstr. 1, 13086 Weissensee 030 9864332 or 030 6110300

Mon, Wed, Fri 10.00 a.m. - 3.00 p.m. **Tues, Thurs** 10.00 a.m. - 6.00 p.m.

German/English/French

Wildwasser Interkulturelle Wohngruppe DONYA

Wriezener Str. 10-11, 13359 Wedding 030 48 62 82 11 donya@wildwasser-berlin.de

On-site accommodation (9 places, around-the-clock supervision)

B.I.G. e. V. - Berlin initiative against violence towards women

Durlacher Strasse 11a, 10715 Charlottenburg-Wilmersdorf beratung@big-hotline.de

Hotline (8.00 a.m. - 11.00 p.m.): 030 6110300

Appointments: 030 6110301

Wildwasser advisory centres for girls

Wriezenerstr. 10/11, 13359 Wedding 030 48628222 wriezener@wildwasser-berlin.de Mon-Wed 1.00 p.m. - 4.00 p.m. Fri 10.00 a.m. - 1.00 p.m.

Barrier-free rooms for girls and young women

Dircksenstr. 47, 10178 Mitte dircksen@wildwasser-berlin.de Mon-Tues 10.00 a.m. - 1.00 p.m. Thurs 1.00 p.m. - 4.00 p.m.

Girls and young women who have experienced sexual violence or feel threatened with it. Counselling from people who support those affected.

Frauenberatung Tara

Ebersstrasse 58 10827 Berlin Schöneberg 030 78718340

frauenberatung.tara@gmx.de

Mon10.00 a.m. - 3.00 p.m.Tues10.00 a.m. - 2.00 p.m.Wed11.00 a.m. - 4.00 p.m.

Thurs 9.00 - 11.00 a.m.

Counselling and intervention centre, legal advice

Wed 3.30 - 5.30 p.m.

(appointments must be booked over the phone)

Frauentreffpunkt – gegen häusliche Gewalt

Selchower Strasse 11, 12049 Berlin Neukölln
030 6222260 or 030 6212005
SMS 0151 56740945
frauentreffpunkt@skf-berlin.de
Mon 10.00 a.m. - 5.00 p.m.
Tues, Wed 10.00 a.m. - 4.00 p.m.
Thurs 2.00 p.m. - 7.00 p.m.

Consultations by arrangement. Counselling and intervention centre for victims of domestic abuse. Legal advice. Advice on accommodation provided in German, English, Portuguese, Turkish and Russian

Interkulturelle Initiative

Potsdamer Str. 1, 14163 Berlin Zehlendorf 030 80 19 59 80

beratung@interkulturelle-initiative.de

Consultation hours, appointments must be booked in advance

Mon 10.00 a.m. - 3.00 p.m. Tues 1.00 p.m. - 6.00 p.m.

Thurs 10.00 a.m. - 1.00 p.m. and by appointment

Intercultural counselling and intervention centre, Casamia social housing and women's refuge for victims of domestic violence (interpreter index covering all languages)

LesMigraS

Anti-discrimination and anti-violence work area of the Lesbenberatung Berlin

Kulmer Str. 20a

10783 Berlin Schöneberg

https://lesmigras.de/lesmigras-home.html

030 21 91 50 90

Mon, Wed, Fri 2.00 - 5.00 p.m.

Tues, Thurs 10.00 a.m. - 4.00 p.m.

Counselling and guidance for women and LGBTQ people who inflict or experience violence in relationships, have been (sexually) abused, and more.

LARA

Fuggerstrasse 19, 10777 Schöneberg
030 216 88 88
beratung@lara-berlin.de
Counselling and telephone hotline, appointment allocation
Mon-Fri 9.00 a.m. - 6.00 p.m.

In-person and telephone counselling and crisis intervention for women who have experienced rape and sexual abuse, e-mail advice, short-term therapy, support groups, legal advice, support with filing complaints and court proceedings. The services are free and anonymous on request.

Das EJF - Kind im Zentrum

Maxstr. 3a, 13347 Berlin Wedding 030 28 28 077 www.ejf.de kiz@ejf.de

Help for people who have experienced sexual violence.

Kind im Zentrum offers individual consultations and individual therapy for children, young people and young adults (up to 27 years old in line with Child and Youth Services in Germany) who have experienced sexual abuse.

Help for people who have inflicted sexual violence (advice and help finding therapy).

El Faro Opferschutzverein

Gatower Strasse 139, Wilhelmstadt 030 35135094 berlin@elfaro.de

Information and consultation appointments, guidance, support groups, self-defence for help and support for victims of sexual abuse and violence

Berliner Hotline Kinderschutz

Emergency help for children 030 61 00 61 Emergency help for young people 030 61 00 62 Emergency help for girls 030 61 00 63 Multilingual 030 61 00 66 24/7 hotline 030 61 00 60

0-21 years of age, imminent danger, counselling, emergency removal of children, including anonymously.

Hilfe-für-Jungs e. V.

Kirchbachstrasse 5, 10783 Berlin Lichtenrade 030 499 52 047 www.hilfefuerjungs.de gf@hilfefuerjungs.de

Berliner Jungs: Prevention of sexual violence towards boys, counselling for affected boys and their families

Subway: Help and advice centre for boys and young men in unstable circumstances and working in prostitution

MUT: Counselling and guidance for men who have experienced sexual violence

Frauenhaus der Caritas

Residenzstr. 90, 13409 Wedding 030 8511018 *Mon-Fri* 9.00 a.m. - 6.00 p.m.

Protecting women (+/- children) from domestic violence.

Hilfetelefon sexueller Missbrauch

0800 22 55 530

Mon, Wed, Fri 9.00 a.m. - 2.00 p.m.

Tues, Thurs 3.00 - 8.00 p.m.

Anonymous and free help point for those affected by sexual violence and their families.

Weisser Ring

Victim hotline 116 006 weisser-ring.de/praevention/tipps/vergewaltigung *Mon-Sun* 7.00 a.m. - 10.00 p.m.

Counselling for those affected by violent crime.

BIG Hotline

030 6110300 around the clock

Crisis intervention, arrangement of sheltered accommodation and information about legal and police proceedings. In specific cases, mobile intervention may be possible.

Nina e.V.

Berta hotline 0800 3050750
Sexual abuse hotline 08002255530
Online advice: nina-info.de/save-me-online.html *Tues* 4.00 - 8.00 p.m. *Fri* 9.00 a.m. - 1.00 p.m.

Berta is a telephone help point for those affected by organised sexual and ritual violence.

Hilfetelefon sexueller Missbrauch

www.hilfeportal-missbrauch.de/startseite.htm

Website for services throughout Germany

Contacts in the police

(In cases of acute danger always call 110!)

LKA 131

Possession/dissemination/creation of child and youth pornography, sexual abuse for the creation of child pornography, dissemination of pornography

*Ika131@polizei.berlin.de*Tel.: 030 4664-913100

Fax: 030 4664-913199

LKA 132

Sexual abuse by guardians/of children within the perpetrator's close circles and vulnerable persons

*Ika132@polizei.berlin.de*Tel.: 030 4664-913200

Fax: 030 4664-913299

LKA 133

Sexual offences (sexual coercion/rape) in relationships, also against vulnerable persons (except children)

lka133@polizei.berlin.de

Tel.: 030 4664-913300 Fax: 030 4664-913399

LKA 134

Sexual offences (sexual coercion/rape) by strangers or those outside the victim's close social circles, including of vulnerable persons \[\ll \kan{2}{4}\@polizei.berlin.de \]

> Tel.: 030 4664-913400 Fax: 030 4664-913499

Publisher:

KARUNA eG Paul-Lincke-Ufer 21 10999 Berlin

Idea and concept:

KARUNA Youth Force

Youth Force helpers:

Ioana Nicolae Antonia Noah Lippick Uli

Draft, design and illustration:

Laura Lizama www.lauralizama.com

Fonts:

Favorit (abcdinamo.com)
Comic Sans
Proxima Nova
Arial Black

Editorial assistance:

Jörg Richert Lotta Lorleberg Lena Lülfing

Proofreading:

Christine Emming

Printing:

Druckerei BRAUL

IMPRINT

Jörg Richert

Register of Cooperatives GnR 821 B Berlin-Charlottenburg District Court

Tel.: 0177 2218432

E-mail:

info@karuna.family

Account for donations:

KARUNA eG

IBAN: DE73 4306 0967 1196 0322 02

BIC: GENODEM1GLS

Website:

www.karuna.family

Instagram:

@karuna.family

Facebook:

@karuna.sozialgenossenschaft

Twitter:

@KARUNA_Tweets

Would you like to receive more, free-of-charge copies to distribute among your friends or within your organisation? Then simply give us a call on 0163 777 5789 or send us an e-mail at youthforce@karuna.family!



